



BIBLE TALK

Mike King

Question: Does the Bible give help in dealing with constant discouragement?

Answer: This is a very good question for it impacts our general worth and outlook on life. It is easy to feel at fault when discouraged. It is true that our life-style can discourage us. Jesus did not exempt His apostles from adversity. They were told they would be killed for His cause (Matt. 24:9). To all of us who are followers of the Lord, He has instructed us to be happy even when persecuted, particularly falsely for His sake for great would be their reward in heaven (Matt. 5:11-12). They, and we, have been assured of His everlasting arms of refuge being beneath us (Deut. 33:26-28), and being comforted by Him even through the shadows of death (Ps. 23:4). Similarly, we have been told to not fear that His righteous hand will uphold us (Isa. 41:10). At this point, trust is so very vital to us. Discouragement is very debilitating and renders one powerless in coping with even daily menial tasks, let alone coping with heavy matters like job loss, death, serious sickness, marital problems, spiritual doubt, to name a few.

The Bible says, "*If thou faint in the day of adversity, thy strength is small*" (Prov. 24:10). Let us do as Jesus did when in the garden of Gethsemane. In His hour of adversity he prayed, "*O Father, if it be possible, let this cup pass from me: never the less not as I will, but as thou wilt*" (Matt. 26:39). Listen to the words of the Shepherd, the Bible; it can still the troubled waters of adversity in our lives. "Today is crucified between two thieves, yesterday and tomorrow." Make the best of

For inquiries or free Bible study by mail, contact:
New Albany Church of Christ
P.O. Box 148, 511 Hwy 15 S ~ New Albany, MS 38652
nacoc.us ~ 662-534-4649 ~ bibletalk.mlk@gmail.com